

**Contraceptive Coil Providers (IUD/IUS)**

Updated Feb 2026

THE LIST BELOW INDICATES WHICH GP PRACTICES CURRENTLY OFFER COILS.  
THEY'RE ALSO AVAILABLE FROM SEXUAL HEALTH D&G 0345 702 3687.

**Annandale & Eskdale**

ANNAN NORTH SURGERY – 01461 202745	<b>Yes</b> (insertion & removal)
ANNAN SOUTH SURGERY – 01461 202244	<b>Yes</b> (insertion & removal)
LOCHMABEN SURGERY – 01387 810215 810252	<b>Yes</b> (insertion & removal)
CANONBIE MEDICAL PRACTICE – 01387 371313	<b>Yes</b> (insertion & removal)
GRETNA SURGERY – 01461 338317	<b>Not at present</b>
LANGHOLM MEDICAL PARTNERSHIP – 01387 383100	<b>Yes</b> (insertion & removal)
MOFFAT SURGERY – 01683 220062	<b>Yes</b> (insertion & removal)
LOCKERBIE SURGERY – 01576 205505	<b>Removals only</b>
ECCLEFECHAN SURGERY – 01576 300208	<b>Not at present</b>

**Nithsdale**

GILLBRAE MEDICAL CENTRE, DUMFRIES – 01387 246282	<b>Yes</b> (insertion & removal)
GREYFRIARS MEDICAL CENTRE, DUMFRIES – 01387 257752	<b>Yes</b> (insertion & removal)
CHARLOTTE MEDICAL PRACTICE, DUMFRIES – 01387 267626	<b>Yes</b> (insertion & removal)
LOCHTHORN – 01387 259944	<b>Removals only</b>
ST MICHAELS MEDICAL CENTRE, DUMFRIES – 01387 244950	<b>Removals only</b>
CAIRN VALLEY MEDICAL PRACTICE: DUNSCORE – 01387 820266	<b>Not at present</b>
MONIAVE – 01848 200244	<b>Not at present</b>
DUMFRIES – 01387 262012	<b>Not at present</b>
THORNHILL HEALTH CENTRE – 01848 330208	<b>Removals only</b>
SHEBBURN SURGERY, NEW ABBEY – 01387 850263	<b>Yes</b> (insertion & removal)

**Upper Nithsdale**

UPPER NITHSDALE GROUP: SANQUHAR HEALTH CENTRE – 01659 50221	<b>Not at present</b>
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**Stewartry**

CASTLE DOUGLAS MEDICAL GROUP – 01556 505900	<b>Yes</b> (insertion & removal)
CASTLE DOUGLAS (Drs OLIVER & PARTNERS) – 01556 502050	<b>Removals only</b>
DALBEATTIE CLINIC – 01556 610331	<b>Removals only</b>
GLENKENS, NEW GALLOWAY – 01644 420234	<b>Yes</b> (insertion & removal)
SOLWAY MEDICAL: KIRKCUDBRIGHT – 01557 330755	<b>Yes</b> (insertion & removal)
GATEHOUSE – 01557 814437	<b>Yes</b> (insertion & removal)

**Wigtownshire**

GLENLUCE SURGERY – Dr A Griffin - 01581 300315	<b>Yes</b> (insertion & removal)
CAIRNSMORE MED PRACTICE - 01671 403609	<b>Yes</b> (insertion & removal)
MULL OF GALLOWAY, DRUMMORE – 01776 840205	<b>Not at present</b>
LOCHINCH PRACTICE, STR – 01776 743935	<b>Yes</b> (insertion & removal)
LOCHNAW PRACTICE, STR – 01776 743930	<b>Yes</b> (insertion & removal)
LOCHREE PRACTICE STR – 01776 743932	<b>Yes</b> (insertion & removal)
SOUTHERN MACHARS, <u>WHITHORN</u> – 01988 500218	<b>Yes</b> (insertion & removal), <u>very limited</u>
<u>PORT WILLIAM</u> – 01988 700223	<b>Yes</b> (insertion & removal), <u>very limited</u>
GALLOWAY HILLS MEDICAL GROUP: NEWTON STEWART – 01671 830206	<b>Not at present</b>
KIRKOWAN – 01671 402168	<b>Not at present</b>
WIGTOWN – 01988 402210	<b>Not at present</b>
SANDHEAD SURGERY – Dr C.M. Ross – 01776 830262	<b>Yes</b> (insertion & removal)

**Copper Coils as Emergency Contraception**

There are two main types of emergency contraception:

1. **Copper Coils** (IUDs) can be used up to 120 hours after unprotected sex\* or later depending on the timing in the menstrual cycle. They are the most effective method of emergency contraception and can also provide on-going contraception.  
They are available from Sexual Health D&G 0345 702 3687.  
Some of the GP practices that provide coils offer copper coils as emergency contraception, but not all.
2. **Emergency Contraceptive Pills**, which should be taken in the first 120hours after unprotected sex\*.  
They are available from all pharmacies, Sexual Health D&G, GPs, Out of Hours and Emergency Depts.

\* e.g. burst condom; forgotten pill; no contraception